



CAPA in Michigan P.O. Box 407, Northville, MI 48167

Council of Asian Pacific Americans
CAPA in Michigan

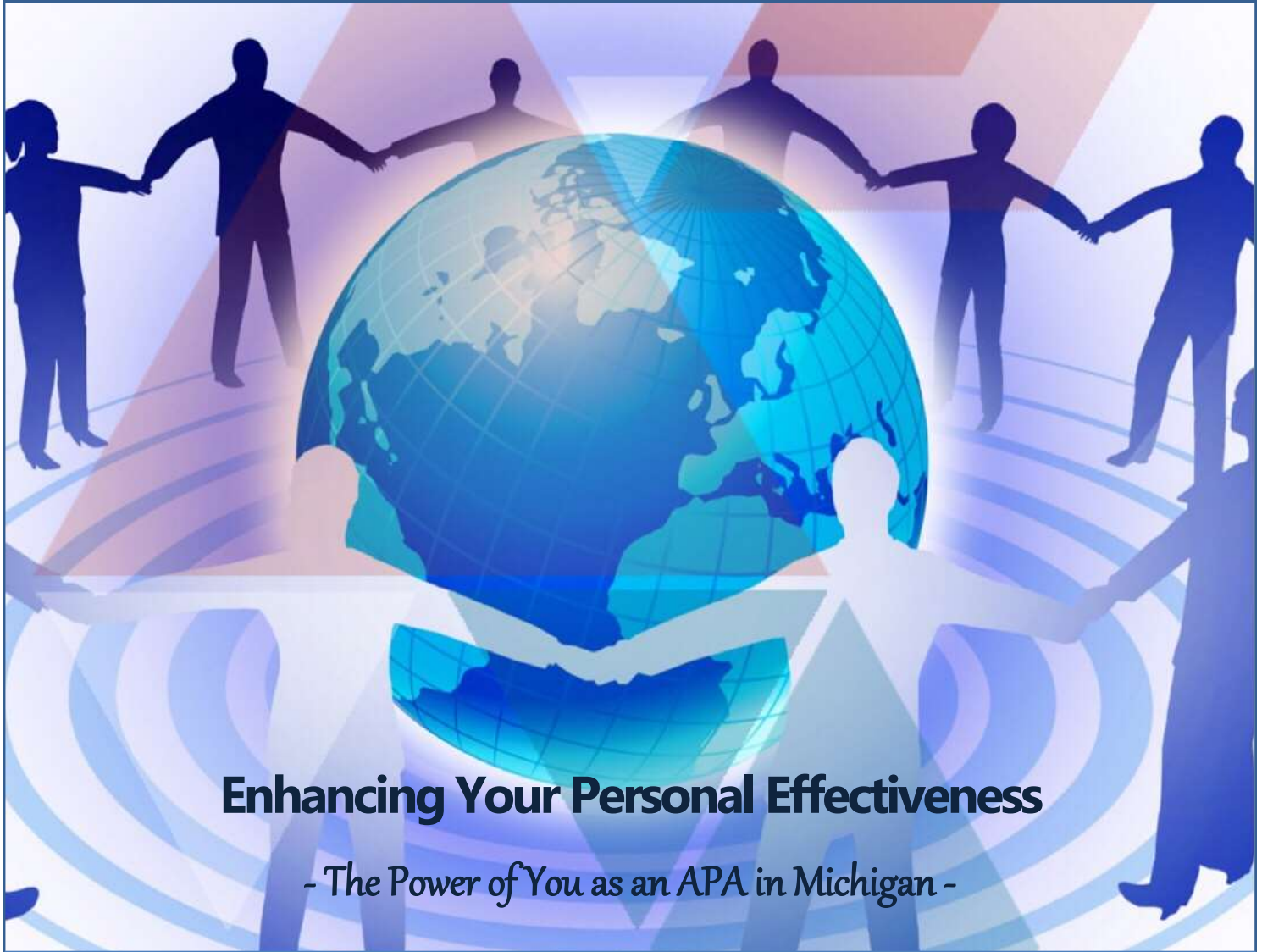
Diversity is our Strength

SEPOCT 2015

October 6, 2015

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Enhancing Your Personal Effectiveness

- The Power of You as an APA in Michigan -

**2015 Statewide Asian Pacific Americans
Leadership Summit XIII**

Saturday, October 10th 2015, 9am-2pm

GM Vehicle Engineering Center

30001 Van Dyke Street, Warren, MI 48090



Council of Asian Pacific Americans introduces new Taste of Asia event and welcomes new board members

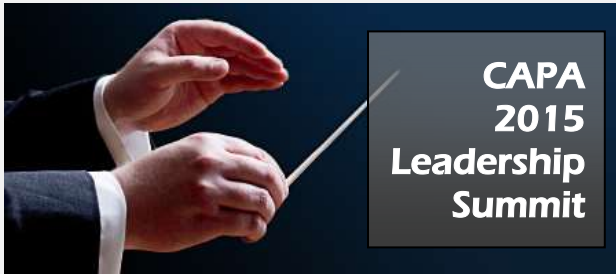
I hope you are enjoying the fall colors and had a wonderful summer. CAPA board members have been busy organizing events for you. In September we met for the Taste of Asia event. Members, old and new had the opportunity to network, make new friends and enjoy the taste and culture of Vietnam. Phuong gave an excellent presentation on Vietnam and its coffee culture. The photos show that everyone had a good time. We hope to have a cultural event featuring an Asian Pacific country regularly throughout the year. Your ideas are welcome.

Our next signature event, the Statewide Leadership Summit, is coming up on October 10th. The aim of the Summit is to continue to build leadership capacity in the Asian Pacific American (APA) community and to inspire the APA young adults to lead and to give back to the community. This year's workshop is particularly tailored to help the APA Community network and communicate more effectively – please register by visiting our website. Later this month, Lavinia has organized a trip to the soup kitchen as part of CAPA's community service efforts. Please sign up for it if you are interested.

We would like to welcome Phuong Nguyen and Ricky Young to our board. Phuong was very active helping us with the *Taste of Vietnam* event. You will meet Ricky, our youth leader at the leadership summit helping out with his team. If you would like to volunteer on the CAPA board, please contact me. I look forward to seeing you all at the leadership summit.

Aneesa I. Rashid, CAPA President





CAPA 2015 Statewide Leadership Summit on October 10TH

This year's summit theme is "Enhancing Your Personal Effectiveness – The Power of You as an APA in Michigan".

[Read Online](#)

In collaboration with other member organizations, Council of Asian Pacific Americans (CAPA) will host the 13th Leadership Summit on October 10, 2015. CAPA's Annual Leadership Summit focuses on building bridges and fostering growth within the Asian Pacific American Community and other organizations to bring about a positive social and economic change.

This year's summit theme is **"Enhancing Your Personal Effectiveness – The Power of You as an APA in Michigan"**.

The event will offer workshops on the power of networking and effective communication styles. Event goals include:

- To continue to build leadership capacity in the Asian Pacific American community
- Inspire the Asian Pacific American young adults to lead and to give back to the community
- Offer a unique networking opportunity to the Asian Pacific American leaders with business leaders, community leaders, members, and young adults

This is an excellent opportunity for Asian leaders from across Michigan to come face to face, network,

build awareness and exchange ideas. We encourage the participation of all community organizations.

With your support and participation, this event will be a success.

CAPA 2015 Statewide Leadership Summit Helps to Improve and Embrace the Vision of Leadership

The 2015 Leadership Summit, hosted by the Council of Asian Pacific Americans, is a Michigan-wide summit with an experience designed to help you improve and embrace your vision of leadership.

Reasons to attend:

- You will continue to build leadership capacity in the Asian Pacific American community
- You will feel inspired to lead and to give back to the community
- You are offered a unique networking opportunity with business leaders, community leaders, members, and young adults

This summit is a tool to leverage and hone your leadership skills to produce compelling outcomes. The summit brings together leaders and aspiring leaders from all organizational levels and various backgrounds, including business, nonprofit, education, health and wellness, and government. This is a unique opportunity to connect with people who share the desire for meaningful and effective leadership.

This year, the main feature of the Leadership Summit is a workshop on effective communication skills that will be conducted by Leadership Education for Asian Pacifics, Inc. (LEAP). Founded 32 years ago, the core strategic approach of LEAP is to develop people to ensure that they have a voice at the decision making table, inform society by providing leaders with the wherewithal to be a voice for the communities they represent or advocate for, and empower communities by creating strong leaders who give back to create strong, vibrant communities.



Attendees will also have an opportunity to meet Laura McGowan Fry PhD and David Han.

Laura McGowan Fry is an integrated marketing communications professional with over twenty years of experience in marketing, customer insights, advertising, digital communications, and university teaching. Laura is the opening keynote speaker at the Leadership Summit this year.

David Han is a strategic marketing consultant, entrepreneur, and executive coach. David and his wife, Sarah, are regular marathoners and will be running the Detroit International Half Marathon with LOVE RUNS to fight human trafficking in Detroit and beyond. David is the closing keynote speaker at the Leadership Summit this year.

Join us at the Leadership Summit on October 10th and connect with and share the vision of leadership for the next generation.



CAPA 2014 Leadership Summit Highlights



2015 Taste of Asia September – Taste of Vietnam

We showcased Vietnamese culture and gastronomy at Da Nang restaurant on September 17, 2015. While Vietnam is rich in history and culture, it also has an interesting cuisine, probably one of the best in the world. It takes pride in its fresh, healthy ingredients and varied, deep flavors. There are restaurants, markets, street vendors and food stalls in most, if not all, corners of every city, undeniable proof that food is one of the most important life-bloods of the country.

When it comes to the most basic Vietnam dish, Pho is regarded as the country's national food. Cha gio and Goi cuon are the most ideal supplements. Cha gio or Imperial Rolls, is Vietnam's version of the classic Chinese egg roll. It is stuffed with seasoned ground pork mixed with shrimp or crab, wood ear mushrooms, and sometimes shredded taro root. Vietnamese food is also characterized with subtle addition of herbs and seasonal ingredients. Spicy and sweet are just some of the notable tastes in an array of other distinct flavors. And while its portions are smaller compared to servings in other places, the guarantee of fresh ingredients, strong yet heavenly taste, and overall unique flavor makes it a cut above most cuisines, truly deserving of its title "gastronomic paradise."

Da Nang restaurant, located in downtown Clawson, Mich., offers the opportunity to taste this fabulous Vietnamese cuisine. The splendid host and venue provide the best Vietnamese gastronomic and culture experience."



Vietnamese Coffee Brews Global Dreams

Vietnam has a unique coffee culture with an alluring story. The challenge is finding the right way to tell it.

- **By Phuong Nguyen**

When it comes to beverages of choice, Asia conjures images of tea for most, from the bitter powdery green tea (matcha) of Japan's tea ceremony and China's soothing oolong to India's sweet-spicy masala chai. Through a twist of historical fate, however, Vietnam bucks this trend and has developed one of the most thriving coffee scenes in the world.

Thanks to French colonial influences, the Vietnamese have developed a knack for mixing and brewing a unique style of coffee. They have also perfected the experience of quaffing the brew, elevating it to something of an art.

In Vietnam, coffee is meant to be savored, not carried to work in a cup-holder. It's a gourmet and relaxing experience to brew the coffee one cup at a time at your table. That's why it is unique in the world. It isn't just the coffee. It's what it means to people in their lives.

Vietnamese coffee is low in acid and very smooth, even when it is brewed strong or has a sharp flavor. The secrets of the brew include the practice of

blending three signature species of coffee, the nation's basaltic (old volcanic mountain) soil, the methods used to dry the beans, the practice of roasting them and finally, the special brewing method itself.

Coffee was introduced in Vietnam around 1857 and it quickly became a mainstay for the nation's economy, with plantations sprouting up across the country. Several varieties of coffee – Arabica, Robusta, Excelsa and more – are cultivated in a wide range of microclimates found throughout Vietnam's lush landscape.

For Vietnamese, coffee was imbued with a sense of social decorum from the start, with different classes imbibing the drink of choice in different ways. Chairman Dang Le Nguyen Vu of Vietnamese coffee giant Trung Nguyen told *The Diplomat* that "common laborers drank coffee as a beverage (a weakly brewed coffee in a large glass) while the creative classes and intellectuals enjoy slow dripping their coffee through a Vietnamese phin (filter)."

For Dang, the slow act of dripping coffee through the phin can become a form of non-religious meditation. While the drip process is underway, "a sufficient interval of time passes, helping the drinker slow down and let go of the worries of the day."

While the act of drinking may be a way to unwind, Vietnam's connoisseurship does not allow for much rest on the business side. Last year Vietnam became the world's largest producer of the coveted bean, surpassing Brazil.

This is no small feat. Coffee is the second most traded commodity in the world after oil, making it more in demand than natural gas – an amazing thing to consider. And export volumes continue to grow, with a spike of 8 percent in global output predicted for the 2012-2013 marketing year. That's 146 million bags.

Despite a drop in production of a less than 5 percent during the 2012-2013 harvest in Daklak, the nation's main coffee producing region – Vietnamese soil in Daklak province alone still

managed to yield 465,000 tons (7.75 million bags) of beans.

Nationwide, Vietnam exports roughly 1 million tons of beans every year and earned U.S. \$3.4 billion on coffee exports in 2012, a yearly increase of 36 percent. The Vietnamese government has unveiled a blueprint for maximizing coffee production until 2020, with the aim of growing the treasured bean on 500,000 hectares of land (with a yield of 2.4 tons per hectare).

From March 9 to March 12, the 4th Buon Ma Thuot Coffee Festival was thrown in Vietnam's coffee "capital" city of Buon Ma Thuot, in the country's Central Highlands. The festivities were rolled in by performances featuring 150 ethnic gong artists, while a street parade with elephants, dances and puppet performances and even a Coffee Queen competition were all on show.

But the real point, of course, was the coffee. In total, 183 domestic companies and 38 from overseas clamored for visitors' attention at 700 booths. More specifically, the goal is to put Vietnamese coffee more centrally on the map overseas – specifically in the U.S., the world's largest coffee market.

If any firm from Vietnam is poised to make that breakthrough, it is Trung Nguyen, which was a co-organizer of the event in Buon Ma Thuot. Already the biggest coffee retailer at home, the company's real dream is to take its product global. "Everyone knows the U.S. is the top country for coffee consumption. It (the U.S.) does not need new coffee," Dang said. "It needs a new story; one that embodies history, culture and legacy."

How to make Vietnamese Iced Coffee

Vietnamese ice coffee is an intensely brewed coffee concentrate that drips down into a glass of ice and a big spoonful of sweetened condensed milk.

Preparation:

- 1) **French roast medium coarse ground coffee:** You can use any type of coffee really. Many Vietnamese use Café Du Monde French Roast Chicory coffee, but as long as the coffee is medium coarse ground, you can use it.
- 2) **Sweetened condensed milk:** It's the sweet, sticky, thick stuff – NOT evaporated milk! No substitutions here!
- 3) **Vietnamese coffee press:** Found at any Asian Market – usually between \$1.50 and \$6.00, or online - Amazon sells them too!
- 4) **2 glasses:** one filled to the brim with ice.

Steps:



- 1) Add 2 tablespoons of sweetened condensed milk to a glass.
- 2) Add 2 tablespoons of ground coffee to the base of the coffee press. Wet the grounds just a little bit with some hot water.
- 3) Screw on the press tight.
- 4) Pour boiled hot water into the coffee press. Cover with its little hat.
- 5) Wait. It will drip veerrrry...veerrrry slowly. It takes 3-5 minutes to finish brewing.
- 6) Once it's finished, stir well.
- 7) Pour over ice and enjoy!



Council of Asian Pacific Americans

CAPA in Michigan

Diversity is our Strength

Vietnam

- ভিয়েতনাম (Bengali)
- Vietnam (English)
- 越南 (Chinese)
- Byetnam (Filipino)
- Βιετνάμ (Greek)
- वियतनाम (Hindi)
- Vítneam (Irish)
- ベトナム (Japanese)
- 베트남 (Korean)
- ຫວຽດນາມ (Lao)
- Вьетнам (Mongolian)
- भियतनाम (Napali)
- Vietnam (Polish)
- Vietnã (Portuguese)
- Вьетнам (Russian)
- เวียดนาม (Tai)
- В'єтнам (Ukrainian)
- Việt Nam (Vietnamese)





2015 State History Awards Presented In Saginaw, Mich

- By Historical Society of Michigan

Saginaw, Mich.—The Historical Society of Michigan (HSM) awarded 16 top honors during its annual State History Conference, which was held in Saginaw, Mich., Sept. 25-27, 2015. The Society presents the State History Awards every year to individuals and organizations that have made outstanding contributions to the appreciation, collection, preservation and/or promotion of state and local history. The awards are the highest recognition presented by the Historical Society of Michigan, the state's official historical society and oldest cultural organization.

The winners are: (Detailed descriptions of each recipient are listed at the end of this news release.)

- Lifetime Achievement Award—John C. Mitchell from Northport
- Distinguished Volunteer Service—Diana Borrusch from Oakland Township
- Books: University & Commercial Press—
 - o “Asian Americans in Michigan: Voices from the Midwest” edited by Victor Jew and Sook Wilkinson, Wayne State University Press
 - o “Dr. John Harvey Kellogg and the Religion of Biologic Living” by Brian C. Wilson, Indiana University Press
 - o “Malcom X’s Michigan Worldview” by Rita Kiki Edozie and Curtis Stokes, Michigan State University Press
 - o “Ottawa Stories from the Springs” by Howard Webkamigad, Michigan State University Press
- Books: Private Printing—
 - o “DeZwaan: The True Story of America’s Authentic Dutch Windmill” by Alisa Crawford
 - o “Judicial Deceit: Tyranny & Unnecessary Secrecy at the Michigan Supreme Court” by David B. Schock
- Books: Children & Youth—“Great Girls in Michigan History” by Patricia Majher
- Communications: Printed Periodicals—“Reliving the Rochester Era,” produced by the Rochester-Avon Historical Society



“Asian Americans in Michigan: Voices from the Midwest” edited by Victor Jew and Sook Wilkinson, Wayne State University Press

A State History Award in the category of University and Commercial Press Books was presented to Sook Wilkinson and Victor Jew for “Asian Americans in Michigan: Voices from the Midwest,” published by Wayne State University Press. Recollections of 41 contributors give a glimpse into Michigan’s Asian-American communities. Their accounts span from first-generation immigrants to fourth-generation Asian Americans. The book explores the historical and demographic origins of Michigan’s Asian-American communities, examines the contributors’ experiences in keeping memories and legacies alive, highlights their communities’ culture and heritage, and discusses their hopes for the future. Universal values and memories held by larger communities are also revealed.

Sook Wilkinson, Ph.D.

Clinical Psychologist Member; Board of Trustees, Northern Michigan University; Past President, CAPA



- Education: Educator—Ginger Ketelsen from Rochester, teacher at Rochester Public Schools
- Education: Educational Programs—Adam Hellebuyck, teacher at University Liggett School, for the program “Approaching the National Narrative through a local Lens”
- Distinguished Professional Service—Kristen Chinery from Detroit
- Restoration/Preservation—Paula Jamison for the “Restoration of the Kalamazoo Ladies’ Library Association Building”
- Special Programs/Events—Phil Porter for the “Michigan War of 1812 Bicentennial Commission”
- Best Article in Michigan History magazine—“The Making of the Mustang” by Jay Follis



The State History Conference explores significant people, places and events in Michigan’s past through a diverse offering of keynote speakers, breakout sessions, workshops and tours. Each year, the conference moves to a different location within the Lower Peninsula to feature the local history of that area and to address notable statewide historical matters. The Historical Society of Michigan also hosts the Upper Peninsula History Conference, which focuses on the history of the U.P., and Michigan in Perspective: The Local History Conference, which concentrates on Southeast Michigan and statewide history.

The 2015 State History Conference was sponsored and hosted by Saginaw Valley State University and Castle Museum of Saginaw County History. The Historical Society of Michigan is the state’s oldest cultural organization, founded in 1828 by territorial governor Lewis Cass and explorer Henry Schoolcraft. A nongovernmental nonprofit, the Society focuses on publications, conferences,

education, awards and recognition programming, and support for local history organizations to preserve and promote Michigan’s rich history.



Mei Lin

2015
Bravo TV Top Chef

[Read Online](#)

Mei grew up working alongside her father at their family-owned-and-operated restaurant outside Detroit, where she learned the fundamentals of being a well-rounded cook and running a restaurant. Throughout the years she has had the privilege of working for some of the most revered chefs in the industry such as Michael Symon (Roast), Marcus Samuelsson (C-House) and **Wolfgang Puck**, whose company provided much of her early training and refinement of skills during her three-year involvement. After spending time cutting her teeth at Spago Las Vegas, she eventually moved to West Hollywood to join **Michael Voltaggio's** opening team at ink. in Los Angeles. She spent the last three years there moving up the ranks to eventually become a sous chef at the critically-acclaimed establishment.

Mei’s Finale Menu in Elimination Challenge:



Course Dish 1



Course Dish 2



Course Dish 3



Course Dish 4

Course Dish 1: Octopus With Fish Sauce, Vinaigrette, Avocado-Coconut Puree and Herbs

Course Dish 2: Congee With Carnitas, Scallion Puree, Hot Sauce, Peanuts and Egg Yolk

Course Dish 3: Duck With Braised Lettuce, Kimchi Jicama and Huitlacoche

Course Dish 4: Strawberry Lime Curd With Toasted Yogurt, Milk Crumble and Yogurt-Lime Ice



Michigan Asian Pacific American Affairs Commission Recognition & Appreciation Dinner

Michigan Asian Pacific American Affairs Commission (MAPAAC) organized a wonderful evening of networking with the APA community leaders, state department directors, and members of the APA Legislative Caucus on Wednesday, September 23rd. MAPAAC honored its strategic partners and recognized three APA community centers at the event, held at Schoolcraft College's Vista Tech Center in Livonia. CAPA was honored to accept this award from MAPAAC as the strategic partner!



WELCOME NEW DIRECTORS



Ricky Young
Youth Chair

Ricky Young is a student at Troy High School. In Ricky's free time, he plays tennis, cooks and works out. Ricky is a Cornell Summer College Ambassador, Student Government Junior Class president, and SADD president.



Phuong Nguyen
Directors

Phuong Nguyen has been serving the Detroit Metro community since September 2014. He is a Contracting Officer with the U.S. Army Tank Automotive Life Cycle Management Command in Warren. His goal is to share and educate individuals and families to have better control of their financial situation and make better decision of their future.



Activities and Events

Council of Asian Pacific Americans (CAPA)

>> Signature Event



CAPA Statewide Leadership Summit

Saturday, October 10, 2015

[Read Online](#)

[Read Online](#)

In collaboration with other member organizations, Council of Asian Pacific Americans will host the 13th Leadership Summit on October 10. CAPA's Annual Leadership Summit focuses on building bridges and fostering growth within the Asian Pacific American Community and other organizations to bring about a positive social and economic change.

This is an excellent opportunity for Asian leaders from across Michigan to come face to face, network, build awareness and exchange ideas.

Saturday, October 10, 2015, 9am-2pm

GM Vehicle Engineering Center

30001 Van Dyke Street, Warren, MI 48090

Regular: \$10 | Students with student ID: \$5 | Group of 10: \$80
(Including continental breakfast and box lunch)

Contact:

Aneesa I. Rashid, Ph.D.: aneesa@capa-mi.org

Pina Chhaya: pina@capa-mi.org

CAPA Website: www.capa-mi.org

[Register Online](#)



Activities and Events

Council of Asian Pacific Americans (CAPA)

>> Community Services

 Council of Asian Pacific Americans
Capuchin Kitchen Day



Capuchin Soup
Kitchen

Feeding Bodies, Nourishing Spirits,
Strengthening Communities

Saturday, October 31, 2015 8:30am
Capuchin Soup Kitchen
4390 Conner Detroit, MI 48215

CAPA Capuchin Kitchen Day Saturday, October 31, 2015

One of CAPA's most anticipated community service events of 2015 will be held on Saturday, October 31, 2015

Saturday, October 31, 2015
8:30am
Capuchin Soup Kitchen
4390 Conner
Detroit, MI 48215

Founded in 1929, the Capuchin Soup Kitchen serves Metro Detroit by providing food, clothing, and human development programs to the people of our community. This is our first year

that some dear board members and friends will work together to help those in our community facing hunger and homelessness. For more information or to join CAPA community service events, contact lavinia@capa-mi.org or visit capa-mi.org.





Activities and Events

Asian Pacific Americans (APA)

>> Community



Japan Business Society of Detroit – Novi Japan Festival
Sunday, October 11, 2015

The event will be held from 1pm to 4pm, and will host a variety of performances introducing traditional Japanese culture. This is a family event for all ages. Experience the ritual of tea ceremony or have fun at various featuring the Japanese culture and when you are hungry, enjoy Japanese food favorites! Admission to the event is free! Food and some attractions require payment.



Western Michigan Bengali Cultural Association - Durgotsav 2015
Saturday, October 24, 2015

[Read Online](#)

As part of its annual Durgotsav festival, WMBCA is proud to present a West Michigan first – One of its kind Cultural extravaganza showcasing the “Diversity of the Indian and Bangladesh on October 24, 2015. Great line up of highly talented international artists ready to mesmerize you with some unforgettable performances.



Activities and Events

Asian Pacific Americans (APA)

>> Community



National Acrobats of People's Republic of China - Music Hall

Friday, October 23, 2015

[Read Online](#)

This is a wonderful family show – fun, full of surprises and invention, and enjoyable even by children (5 and up). This is the authentic troupe founded in 1953, performing their trademark suite of pieces collectively entitled ‘Peking Dreams’. There is the Grand Teeterboard, the Straw Hats Juggling, Group Contortion, Grand Flying Trapeze and many more. This show is back by popular demand.

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Shen Wei Dance Arts - Music Hall

Saturday, November 14, 2015

Sunday, November 15, 2015

[Read Online](#)

Shen Wei is a formidable artist who is making an impact on the world stage at the highest levels. He is a visual artist as well as a choreographer, and these will be two very special performances that exemplify the cutting edge of contemporary global work. He is best known for creating the incredible choreography that kicked off the 2008 Beijing Olympics. The Washington Times called him “one of the great artists of our time” and the Boston Globe acclaims him for “amassing a body of works so strikingly original they defy categorization”.

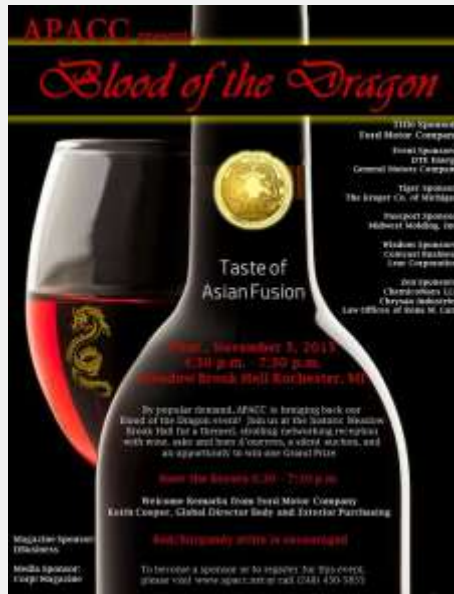
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Activities and Events

Asian Pacific Americans (APA)

>> Community



Blood of the Dragon – Asian Pacific American Chamber of Commerce (APACC)

Thursday, November 5, 2015

[Read Online](#)

By popular demand, APACC is bringing back Blood of the Dragon event. Join APACC at the historic Meadow Brook Hall for a themed strolling networking reception with Asian wine and hors d'oeuvres, Silent Auction, and an opportunity to win one Grand Prize. Red/Burgundy attire is encouraged.



43rd Anniversary Celebration Banquet – Association of Chinese Americans, Inc.

Friday, October 16, 2015

[Read Online](#)

Join ACA to celebrate their 43 years of service to the community. The program includes a reception, networking, a keynote speech, award ceremony, dinner, and dancing. The keynote speaker is Mr. Tom Watkins, President and CEO of Detroit Wayne Mental Health Authority.



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Diversity is our strength

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