

2013 CAPA Leadership Summit

Empowering for Success - Tools and Strategies

November 9, 2013

Program Agenda:

9:00 - 9:45 am - Registration & Networking

9:45 - 10:00 am - Opening Remarks & Welcome

Mumtaz Haque, Leadership Summit 2013 Chair and Event Moderator
Robert Riparip, CAPA President

10:00 - 11:30 am **Keynote Speaker- Congressman Sander Levin**

Motivational Stories (Q & A format) of Successful Personalities

- 1. Dr. Virinder Moudgil – President & CEO Lawrence Technological University**
- 2. Hoon Yung Hopgood - State Senator**
- 3. Avinash Rachmale -CEO of Lakeshore Engineering**
- 4. Dr. Stella Avengelista**
- 5. Sam Singh - State representative**

11:30 - 11:45 am - Break

11:45 am – 12:30 pm

Professional and Personal Enhancement

- 1. Darren Johnston - Continuous Improvement Coaching Inc.**
- 2. Kris Plantrich – Summitview Career Coaching Inc.**
- 3. Ellen J. Fairbrother - Accent Reduction and Speech Inc.**

12:30 – 1:00 pm

Maintaining Physical and Mental Health

- 1. Physical Health - Aarti Batavia, Nutrition and Wellness Consulting**
- 2. Stress Reduction - Dr. Christian V.Orano, GoodHealth Chiropractic**

1:00 - 2:00 pm – Conclusion, Group Photo, Lunch and Networking